

# The Quality Times

## Child Care Resource Center

1-800-585-1603

The Child Care Resource Center is sponsored by Catholic Community Services. This program is being presented with financial assistance as a grant from the West Virginia Department of Health and Human Resources.

Volume 1, Issue 15

Website: [www.ccrewv.org](http://www.ccrewv.org)

January, February and March 2007

### Updates from the Director

Hello All,

As of January 1, 2007, the Department of Health and Human Resources, Bureau for Children and Families, will offer providers the ability to deposit child care payments directly to a bank account. You may have it deposited into a checking account or savings account. You must fill out a Direct Deposit Authorization application based on your ID number in our FACTS computer system. Your FACTS Provider ID (the 8-digit number beginning with 300...) is located on the top of your address label.

Send the completed application to the WV State Auditors Office, Electronic Payments Division at Building 1, Room W-125, Charleston, WV 25305. Please call the State Auditor's Office at 1-800-500-4079 or 1-304-558-2251 with any questions you may have.

Also, once your check is deposited into your account, you will no longer receive a pay stub with an itemized statement; but you can view your payment information online at the FACTS PLUS web site. FACTS PLUS (Provider Look-Up System) is a secure internet site that allows providers to view details about payments and children served. This online information is available 24 hours a day. You can use any computer that has Internet Explorer Browser 6.0 or higher. You will need to complete the FACTS PLUS application and the Confidentiality Statement.

The benefits for direct deposit are; shorter waiting time for your check, no worrying if the check has been lost or stolen and you won't have to go to the bank to deposit your check.

Please give us a call if you would like an application for FACTS PLUS and/or Direct Deposit or if you have any question concerning this process.



### Program Updates

As of November 1, 2006 the changes in Full day, Part-day and Non-traditional days were rescinded.

- A Full day is defined as: Care for at least 4 hours but less than 18 hours per day, (from 4 hours up to 17 hours and 59 minutes)
- A Part-day (2-4) is defined as: Care provided at least 2 hours but not exceeding 3 hours and 59 minutes, (from 2 hours and 0 minutes up to 3 hours and 59 minutes)
- A Part-day (0-2) is defined as: Care provided for more than 1 minute but not exceeding 1 hour and 59 minutes.
- Non-traditional day hours are defined as: Approved care for at least 4 hours provided either before 6am or after 7pm Monday through Friday; Any 12 hour work shift or split shift which equals 12 or more work hours in a 24 hour period, and Approved care for at least 4 hours on a Saturday or Sunday.

### INSIDE THIS ISSUE

**Pg. 1:** News from our Director and Program Updates

**Pg. 2:** Helpful Websites, ACDS Info & Smoking Cessation Class

**Pg. 3:** Upcoming Holiday Ideas

**Pgs. 4-5:** Pet Info. & Letting Children Choose

**Pg. 6-7:** Help for Head Lice

**Pg. 8:** Class information

**Pg. 9:** Infant/Toddler News

**Pg. 10:** Provider Information

**Pg. 11:** Training Schedule for Mon. & Marion



## Helpful Websites

The December-January issue of Healthy Childcare is now available online at [www.healthychild.net](http://www.healthychild.net). It includes an article on RSV (respiratory syncytial virus) illness in young children. Stomach virus and virus continue to be the top two searched items on the Healthy Childcare website. Also in this issue are articles on learning nutrition from food preparation, tips for traffic safety projects, separation anxiety in young children, immunizations for adults, and IDEA Part C. Our February-March issue is a special one devoted to obesity in young children and ordering information is available on the website, [www.healthychild.net](http://www.healthychild.net).

Kathryn Breighner  
Publisher

Free resources for educators, parents and child care providers in regards to nutrition may be found at <http://teamnutrition.usda.gov/library.html>. This information was provided by Heidi Staats, State Outreach Coordinator, WV WIC Program, Charleston, WV.

The U.S. Consumer Product Safety Commission has a wonderful website with loads of useful information. They offer information on Recalls & Product Safety News; you can report an unsafe product, sign up to receive email announcements and find information on toy safety tips. Their website can be found at [www.cpsc.gov](http://www.cpsc.gov).



## ACDS (Apprenticeship for Child Development Specialist) Information

If you are a family provider or work in a child care center or pre-school, you might be interested in taking the ACDS classes. ACDS is a 4 semester class offered in counties all over WV. ACDS can help you get the registered training you need for licensing as well as give you credit towards your associates degree in early childhood or credit towards a paraprofessional certificate, if you are interested in getting a job as an aide in the school system.

Orientation for new classes starts in Jan. For more information about ACDS classes in your county, please contact Suzi Brodof at 1 866 wva-acds ext. 406 or [suzilb@aol.com](mailto:suzilb@aol.com) or check out the website at [www.wvacds.org](http://www.wvacds.org).

If you are interested in becoming a mentor for a family provider who is in ACDS, please contact Enola Foust at [ekrfoust@hotmail.com](mailto:ekrfoust@hotmail.com) or 1 304 425 -4545. It is an opportunity to share your knowledge and experience and help others in our field.



## Smoking Cessation Class

Wetzel County Freedom from Smoking Clinic will begin on Tuesday January 9th at 7:00 PM at the FRN Office. It is a 7 week program; a total of 8 sessions. Cost of the class is \$40.00. Please contact Theresa Hoskins at 455-5053 to sign up.

## MARTIN LUTHER KING JR.'S BIRTHDAY

Martin Luther King, Jr. was born on January 15, 1929. He was a clergyman and a civil rights leader who devoted his life to the nonviolent struggle for freedom and peace for all people. Dr. King had many dreams for his country. One of those dreams was that his four children would "one day live in a nation where they will not be judged by the color of their skin but by the content of their character."



### "I HAVE A DREAM" BOOK

Martin Luther King Jr. is remembered for his "I Have a Dream" speech in which he wished for a country where all people lived together peacefully. Talk to the children about dreams or wishes. Write the children's wishes on paper and the children can draw a picture of their wish. Each child can have his/her own "I Have a Dream" Book as you continue to add wishes during the week.

## GROUNDHOG DAY

Groundhog Day is February 2. According to folktale, the groundhog comes up out of his winter home on this day. If it is sunny and the groundhog sees his shadow, he will go back into his burrow to sleep, which means that there will be six more weeks of winter. If the day is cloudy and the groundhog cannot see his shadow, he will remain outside indicating that spring will soon be here.



### Groundhog, Groundhog

Let the children take turns popping up out of a cardboard carton "burrow" as everyone recites the poem:

Groundhog, Groundhog, popping up today.  
If you see your shadow, hide away.  
If there is no shadow, you can stay.  
Groundhog, Groundhog, popping up today.

## GROUNDHOG LUNCHESES

Groundhogs like to nibble on grasses and other greens that grow near their burrow. For "groundhog lunches," let the children help make watercress and romaine lettuce salads to eat with their favorite dressing.

## ABRAHAM LINCOLN'S BIRTHDAY

Abraham Lincoln was born on February 12, 1809. He could not attend school because he had to work, but he taught himself and worked hard. He became the country's sixteenth President. Abraham Lincoln believed that all people should have equal rights, and today he is remembered as the President who gave the slaves their freedom.



### Lincoln Penny Toss

Let the children take turns tossing Lincoln pennies into an oatmeal box decorated to resemble a black top hat.

## GEORGE WASHINGTON'S BIRTHDAY

George Washington's Birthday is February 22. He is the man we call the "Father of Our Country." He helped form our nation's government and was elected to be our first President. Read or tell the story about George and the cherry tree to the kids.



### Washington's Birthday Snack

Serve cherry yogurt into small bowls. Let each child top his or her serving with a sprinkling of nut-like cereal and a red cherry. Before eating the snack sing "Happy Birthday" to George.



## Is a turtle the right pet for your family?

Did you know that the sale of turtles less than 4 inches has been banned in the United States since 1975? This is because turtles pose a high risk of spreading disease, especially to children. The ban by the U.S. Food and Drug Administration (FDA) has prevented an estimated 100,000 cases of salmonellosis annually in children.

Despite the health risk, turtles have become very popular pets in recent years. Their slow movements and tough colorful shells may make them seem like the perfect family pet. However, turtles carry potentially dangerous bacteria called *Salmonella*.

### Don't be fooled:

Just because you can't see the bacteria doesn't mean they aren't there. *Salmonella* are naturally occurring bacteria in turtles and those with *Salmonella* usually do not appear sick in any way. In addition, turtles do not shed *Salmonella* all of the time. So, just because a turtle might have one negative test for *Salmonella* doesn't mean that they are not infected. It could mean that the turtle was not shedding *Salmonella* on the day it was tested.

*Salmonella* bacteria cause a human disease called salmonellosis. Reptiles, including turtles, transmit an estimated 74,000 cases of salmonellosis to people in the United States annually. Amphibians, including frogs, toads, newts, and salamanders, can also transmit salmonellosis. Some cases may cause severe illness, hospitalization and even death in susceptible people such as children under 5, the elderly, and people who have lowered natural resistance to disease due to pregnancy, cancer, chemotherapy, organ transplants, diabetes, liver problems or other diseases.

### What can be done to prevent turtle-associated salmonellosis?

- **Do not have a turtle** in any household that includes children under 5, the elderly, or people who have lowered natural resistance to disease due to pregnancy, cancer, chemotherapy, organ transplants, diabetes, liver problems or other diseases. A family expecting a child should remove any pet reptile or amphibian from the home before the infant arrives.
- **Remember, turtles are cute, but contaminated.** Handle all turtles and surfaces that have come in contact with turtles as if they are contaminated with *Salmonella*, because there is a good possibility that they are.
- **Wash hands thoroughly with soap and water** immediately after handling turtles or their cages, or after contact with pet feces. Do not touch your face, other people or any surface until hands are washed.
- **Wash surfaces** that the turtle or its cage has come in contact with.
- **Separate the turtle from possible contact with food:**
  - Do not allow turtles to roam freely about a home or living area, and especially do not allow them in food preparation areas.
  - Kitchen sinks should not be used to bathe turtles or to wash their dishes, cages, or aquariums.
  - If bathtubs are used for these purposes, they should be cleaned thoroughly and disinfected with bleach.
- **Separate the turtle from contact with high-risk individuals:**
  - Don't handle a turtle and an infant (e.g., feed, change diaper) at the same time.
  - Wash hands thoroughly with soap and water before handling an infant or preparing a baby bottle.
  - Persons at increased risk for infection or serious complications from salmonellosis (e.g., children under 5, the elderly, or people who have lowered natural resistance to disease due to

pregnancy, cancer, chemotherapy, organ transplants, diabetes, liver problems or other diseases) should avoid contact with reptiles and amphibians and any items that have been in contact with them.

- **Turtles should not be allowed in childcare centers or nursing homes.**
- Turtles in public settings (e.g., zoos and exhibits) should be kept from direct or indirect contact with patrons except in designated animal-contact areas equipped with adequate hand-washing facilities.
- Food and drink should not be allowed in animal contact areas.

For more information about reptiles, salmonellosis, or other pet-related health questions, visit the CDC's Healthy Pets, Healthy People website, [www.cdc.gov/healthypets](http://www.cdc.gov/healthypets).

## Letting Children Choose

### Family-Friendly Communication for Early Childhood Programs

Why do we as adults pursue hobbies such as golf, crochet, or gardening? We spend time in such an activity because we find it enjoyable, we have some control over the activity, and we see it as offering some probability of success. We choose what we will crochet or plant; we decide where, when, and with whom we will play golf or tennis.

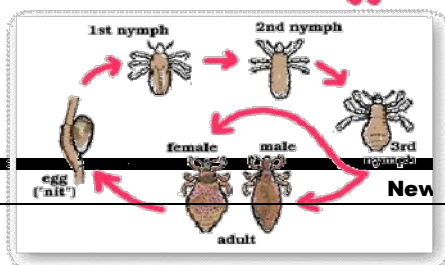
Children, too, learn best when they have some control over their learning, when activities are meaningful and relevant, and when they can make choices in the materials they will work with and how they will use them.

Children thrive when they have opportunities everyday to make choices in their learning. We facilitate children's choices within a carefully planned environment. We create the environment to allow each child to choose activities that are developmentally appropriate for his or her age. The children choose the peers with whom they will work and play and usually determine how they will use the available materials.

These choices empower children to take control of their own learning. Children use materials and equipment in far more creative and innovative ways than we could ever plan, and they use the materials in ways that meet their own developmental needs.



### Which Came First... the Itchin' or the Egg?



(The Life-Cycle of the Head Louse)

## Help for Head Lice

### What are head lice?

As kids go back to school this year, they'll be bringing lots of new things home. New books, new friends...and maybe a new case of head lice. Known to scientists as *Pediculus humanus capitis*, head lice are tiny (2-

4mm) wingless insects that spend their entire lives on human heads. Adult head lice look like six-legged grains of rice, and vary in color from grayish-white to reddish-brown. Female lice lay eggs or nits by gluing them tightly to hair close to the scalp. A single female produces between 80-100 eggs in her lifetime. Over 90% of these nits will hatch within 7-11 days, and mature in another 8-9. The new adults will live for about 22 more days, laying the next generation of nits.

Lice can not fly, hop or jump, but they can crawl with surprising speed. They may temporarily move onto hats, clothes or other surfaces, but must return to a human head within 50-60 hours to survive.

### **Who can get head lice?**

With the exception of the common cold, head lice affect more school-age children than all other communicable childhood diseases combined. In the US, as many as 6 million children are treated for lice each year. Head lice are most frequently found on children between the ages of 3 and 10, and are slightly more likely to affect girls than boys. African-Americans and others with naturally kinky hair are usually spared lice infestations-kinky hair is oval in cross section, and female lice select round hairs for nit-laying. Despite these generalizations, it is important to understand anyone can get lice, including the older siblings, parents, caregivers, and teachers of children who have been infected.

### **But my children are clean! How could they get head lice?**

It is a myth that head lice like dirty heads-in fact; there is evidence that lice (like parents!) actually prefer clean hair. And contrary to popular belief, you don't get lice from poor people any more than you get them from rich people. An infestation does not indicate poor hygiene, and is nothing to be ashamed of. Unfortunately, routine bathing and shampooing will neither prevent nor eliminate head lice problems. Head lice are transmitted by direct contact with an infested person, or by the sharing of brushes, combs, hats, scarves, coats, bedding, towels or upholstered furniture. Since they're specific to human heads, you can't get them from pets or wildlife.

### **How do I know if my child has head lice?**

Symptoms of a lice infestation include excessive head scratching; scalp inflammation from bites, red or black gritty fecal specks on the collar, shoulders, back or pillow; adult lice in the hair, eyebrows or eyelashes; and nits attached to the hair.

### **Are head lice dangerous?**

The facts of lice are that they attach to the scalp and use needle-like feeding tubes to suck blood. Their bites are painless, but their saliva and feces usually cause an itching allergic reaction. Scratching often leads to broken and inflamed skin, which sometimes enables pathogens to enter and cause infections like impetigo. Unlike body lice, however, head lice do not appear to be vectors of human disease, and are not life-threatening. This is especially important to keep in mind when evaluating treatments, since many lice-killing pesticides are far more dangerous to your child than the lice themselves. Luckily, such hazardous treatments are no longer necessary, as safer and more effective alternatives have been developed. To learn a natural way to get rid of lice please read and use the Lice Treatment Checklist.

### **Learn the Natural way to rid of head lice and to prevent a lice infestation from occurring!**

Almost all of the products out there can cause terrible problems if you leave them on too long, use them too often, or use them on a child too young. If you do end up using any of the commercial lice products, at least read every word of the directions first and follow them exactly. THEN use this Checklist to help you keep them away.

#### **Lice Treatment Checklist**

\_\_\_ Check all members of family for lice and nits.

\_\_\_ Apply Olive oil\* or Vaseline (Dish soap is a good start after Vaseline to get rid of most of the grease. Olive oil will come out with Coconut Shampoo) Leave this on for an hour or longer under a towel or tight-fitting shower cap to prevent drips. (Tip-before washing hair you could nit comb hair now since hair is oily but you need to check hair again when it is dry.) If there are any nits on the

eyelashes or eyebrows, you can coat these thoroughly with Vaseline without harm. This should be reapplied four times a day.

\_\_\_ Wash hair with Coconut shampoo

\_\_\_ Rinse the hair and scalp with vinegar. This loosens the glue that holds the nits onto the hair shafts. Rinse with hot water-but not so hot that it burns the child.

\_\_\_ Remove all nits, use a nit comb. When you think you are done, you want to use good lighting to the check the hair thoroughly once it is dry. (The nits are much easier to see on dry hair.) Nits are very small and are kind of shiny at a certain angle. They are on the hair shaft itself, with the newest ones being just off the scalp and older ones being as much as an inch away from the scalp. You will have to check the hair by tiny sections, especially around the edges of the hair, at the neck, and behind the ears-although one could be anywhere. If you find any nits, you can pull them off with your fingernails, or comb them off with the nit comb. Be sure to put each nit or hair into a bowl of vinegar.

\_\_\_ Wash hair with Coconut shampoo and conditioner again and style as usual.

**The following must be done the same day as treatment for an effective fight against head lice!!**

\_\_\_ All clothing that has been worn and towels that have been used for the last week should be washed in HOT water. If there is some item that will shrink in the washer, you can put it through the dryer on the HOT cycle for thirty minutes without washing it first.

\_\_\_ All bedding (sheets, blankets, pillows, pillowcases, comforter, mattress cover) needs to either be washed in HOT water, dried dry on the HOT cycle, or put into a plastic bag and left sealed up. (They say that lice can only live away from the human host for 24 hours or so, but we like to keep the bags sealed for at least two weeks-just in case-and because more eggs could hatch during this time period or new lice could be brought home.)

\_\_\_ Bag up stuffed animals, hats, throw pillows, barrettes, ponytail holders, hair ribbons, helmets, necklaces and anything else that might have come in contact with the lice.

\_\_\_ All combs and brushes can be soaked in very HOT vinegar, but you might want to just throw them away and buy new ones.

\_\_\_ Vacuum the mattress, couch, chairs, rugs and floors, car seats and backs, car rugs, and upholstered church pews thoroughly then dispose of the vacuum bag.

Continuous use of the Coconut shampoo and conditioner will help keep the bugs away.

\_\_\_ Retreat hair in 10 days and repeat everything on checklist!

\_\_\_ Check the hair daily for any missed nits and the teeniest ones that have now become large enough to see. If one living nit remains, it could hatch and start the whole process over again, brining on about eight new eggs per day.

\*Olive oil will smother the lice, and a independent study found that head lice do not like the coconut oil in Coconut Shampoo and Conditioner, a different report said that "coconut oil contains fatty acids that break down the bodies by "dissolving" of the lice and kill them"



## Medication Administration Class Schedule

**Attention Child Care Centers!** The following is the Medication Administration class schedule for the next three months. Participants MUST be registered on the WV STARS Career

Pathway, perform demonstrations and be able to pass a test at the end of the class to receive the appropriate credit. Please call the Wheeling CCRC at 1-800-585-1603 or 232-1603 to register for the class.

DATE	TIME	LOCATION
Fri. Jan. 19, 07	10am-3pm	Wheeling CCRC
Fri. Feb. 16, 07	10am-3pm	Wheeling CCRC
Fri. Mar. 9, 07	10am-3pm	Wheeling CCRC

Participants need to bring a sack lunch with a drink. Also, please bring a baby doll to class. The CCRC will provide latex gloves at this time.



### Child Center Director's Meeting

The next director's meeting will be held on Friday, January 5<sup>th</sup> at the Marshall County Day Care Center. Call Kelli Balk at 845-0060 for directions.

Please bring your lunch/drink to the meeting which will begin at 12pm.

All Child Care Center Directors are invited to attend. We value your input!

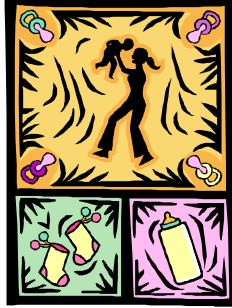
Any questions please call Sheri



## Components of Quality Care Developmentally Appropriate Practices

A training opportunity for in-home and center based caregivers of children 3-5 years of age. Caregivers will receive 32 hours of professional development for successfully completing the entire eight week course; as well as resources to use in their early childhood program. A terrific opportunity to network and gain new skills! Registration deadline is January 30, 2007. Hurry! Space is limited and classes will fill up quickly! Please call Sherry Defibaugh at 1-800-585-1603 or 232-1603 to register.

DATE	TIME/LOCATION	MODULE# & TITLE
Tues, 3/6/07	10am-3pm Wheeling CCRC office	1. Extreme Makeovers: Space & Furnishings
Mon. 3/19/07	10am-3pm Wheeling CCRC office	2. Not Just Routine
Mon. 4/2/07	10am-3pm Wheeling CCRC office	3. For the Love of Literacy
Mon. 4/16/07	10am-3pm Wheeling CCRC office	4. Implementing Your Curriculum
Mon. 4/30/07	10am-3pm Wheeling CCRC office	5. Recipe for Relationships
Mon. 5/7/07	10am-3pm Wheeling CCRC office	6. Building Blocks: A Program's Structure
Mon. 5/21/07	10am-3pm Wheeling CCRC office	7. Including All Children
Mon. 6/4/07	10am-3pm Wheeling CCRC office	8. Communication is the Key



## Infant/Toddler News

### Wendy Miller, Infant Toddler Specialist

### WVIT Registration

Ohio County, Winter 2007—CCRC Office 1025 Main St, Suite 510

*Dates as follows:*

I. Administrators' Modules (Must attend BOTH days):

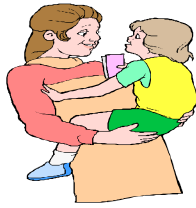
SESSION	DAY	DATE	TIME
Session 1	Wednesday	January 10, 2007	9:00 am- 2:30 pm
Session 2	Thursday	January 11, 2007	9:00 am- 2:30 pm

II. Participants Modules (MUST work with subsidized children up to 24 months for 20 hours a week or more and MUST be WV STARS registered)

SESSION	DAY	DATE	TIME
Session 1	Tuesday	January 16, 2007	9:00 am- 2:30 pm
Session 2	Thursday	January 18, 2007	9:00 am- 1:30 pm
Session 3	Tuesday	January 23, 2007	9:00 am- 2:35 pm
Session 4	Thursday	January 25, 2007	9:00 am- 1:25 pm
TACIT 1	To be scheduled individually	Jan. 29-Feb.9, 2007	3 hours
Session 5	Tuesday	February 13, 2007	9:00 am- 1:25 pm
Session 6	Thursday	February 15, 2007	9:00 am- 2:30 pm
Session 7	Monday	February 26, 2007	9:00 am- 1:30 pm
Session 8	Wednesday	February 28, 2007	9:00 am- 2:45 pm
Session 9	Friday	March 2, 2007	9:00 am- 2:30 pm
Session 10	Monday	March 5, 2007	9:00 am- 11:30 pm*
<i>Snow Day</i>	Tuesday	March 6, 2007	9:00 am- 3:00 pm
<i>Snow Day</i>	Wednesday	March 7, 2007	9:00 am- 3:00 pm
TACIT 2	To be scheduled individually	Mar. 6- Mar. 16, 2007	3 hours

\* Please note that this session may go until 1:00 pm due to a small celebration

- ⇒ To register for the training please call Wendy Miller at 1-800-585-1603 or 232-1603.
- ⇒ Participants MUST be registered on the WV STARS Career Pathway.
- ⇒ This training along with any possible additions during the quarter, are listed on-line at [www.wvearlychildhood.org](http://www.wvearlychildhood.org) under training calendar on the main menu.
- ⇒ Child Care Centers, Facilities and family providers will receive \$200 stipend once the class and all components have been completed. However, employees of child care centers will no longer receive the personal \$200 stipend.



The Behavior Support Corner  
Jane Rose, Behavior Consultant

Benefits of Sign Language in the Learning Environment

Did you know that using sign language (American Sign Language) with children in your care may help to reduce their frustration levels and temper tantrums? Using sign language increases a child's ability to communicate successfully.

Child can begin using signs as early as 7 months of age. Current research indicates that children who use sign speak earlier, develop a larger vocabulary, and have better hand-eye coordination.

To learn more about the benefits of sign language, please contact us the CCRC. An educational training on this topic is scheduled at the Wheeling CCRC on Thursday, March 8, 07 from 6pm-8pm with Jane Rose. Please call 1-800-585-1603 or 232-1603 to register for the class.

We also have items for loan through TRAILS and our lending libraries. Informational packets and technical assistance can be obtained through the Behavior Consultant as well. In the meantime, you can check out the following web sites for additional

information: [www.wesign.com](http://www.wesign.com) , [www.pbs.org](http://www.pbs.org)  
[www.wesign2.com](http://www.wesign2.com) or [www.lifeprint.com](http://www.lifeprint.com) .



TRAILS

TRAILS (Traveling Resource and Information Library Service) is a free, mobile lending library available to child care providers. The TRAILS van has children's books, resource and activity books, developmentally appropriate toys, special needs equipment, computer software, children's videos, and music. All materials are available for providers to borrow. We are in each of our eight counties at least once a month. If you would like the TRAILS van to visit your home or center, please call Todd or Michelle at 1-800-585-1603 to schedule an appointment. We look forward to hearing from you soon.



First Aid & CPR

The following offer CPR & 1<sup>st</sup> Aid Class-Please call for date, time, fee and location. Also check with your local Fire Department to see if they are offering any classes.

AGENCY	PHONE #
Fairmont Red Cross	366-2060
Morgantown Fire Dept.	284-7480
Marion Co. Rescue Squad	365-0003
WVU Center for Rural Emergency Med.	293-6682
Monongalia General Hospital	598-1935
Brooke County Health Department	737-3665
Casey Robinson	748-1980 or 723-2222
Eric Carper	797-8775 or 479-3742
Reynolds Memorial Hospital	843-3229
Wetzel County Hospital	455-8000

Tyler Co. Community Resources	652-1554
Sistersville General Hospital	652-2611
Wetzel County FRN	455-5053
Wheeling Hospital-Training Center	243-3569
Weirton Medical Center	797-6054

American Red Cross-Morgantown	598-9500
American Red Cross-Wheeling	232-0711
American Red Cross-Weirton	797-1600

### Marion and Monongalia Counties Training Schedule

Date/Day	Training Title	Core Knowledge/ Competency #	Tier	Location	Time
1/9/07 Tues.	Intro to CPS Guest Speaker: Beverly Heldreth	Health, Safety & Nutrition 2.4 Child Observation & Assessment 5.1	2	Morgantown CCRC	6:00-8:00
1/17/07 Wed.	Child Care as a Business Guest Speaker: Todd Green & Rosanne Campbell	Program Management 7.3, 7.4	1	Marion County DHHR Room 148	10:00-12:00
1/24/07 Wed.	Its Your Business Take Control Guest Speaker: Richard Haney	Professionalism 8.3	1	Morgantown CCRC	6:00-8:00
2/7/07 Wed.	Interventions for Children with ADHD, ADD & ODD Guest Speaker: Todd Green	Child Growth & Development 1.2	2	Marion County DHHR Room 148	1:00-3:00
2/10/07 Sat.	Adolescent Self Esteem Guest Speaker: Todd Green	Positive Interactions & Relationships 3.1	2	Marion County Library	9:00-11:00
2/21/07 Wed.	Child Care as a Business Guest Speaker: Todd Green & Rosanne Campbell	Program Management 7.3, 7.4	1	Morgantown CCRC	10:00-12:00
3/7/07 Wed.	Interventions for Children with ADHD, ADD & Guest SODD Guest Speaker: Todd Green	Child Growth & Development 1.2	2	Morgantown CCRC	2:00-4:00
3/8/07 Thurs.	Nutrition Guest Speaker: Chris Gillis	Health, Safety & Nutrition 2.5	1	Morgantown CCRC	10:00-12:00
3/20/07 Tues.	Its Your Business Take Control Guest Speaker: Richard Haney	Professionalism 8.3	1	Marion County Library	5:00-7:00
3/21/07 Wed.	Nutrition Guest Speaker: Chris Gillis	Health, Safety & Nutrition 2.5	1	Marion County DHHR Room 148	10:00-12:00
3/24/07 Sat.	Adolescent Self Esteem Guest Speaker: Todd Green	Positive Interactions & Relationships 3.1	2	Morgantown CCRC	9:00-11:00

### January, February and March 2007

To register for the trainings listed below, please call the Morgantown CCRC at 292-7357 or 1-888-272-7357. Thanks! Child Care Resource Center Staff

#### Reminders:

- These trainings, along with any possible additions during the quarter, are listed on line at [www.wvearlychildhood.org](http://www.wvearlychildhood.org) under Training Calendar on the main menu.
- Infants & children are not to attend the training sessions. Alternate child care arrangements need to be made in advance.
- Providers need to arrive on time for trainings, late providers may not be admitted.

- **Training will be cancelled in the event of bad weather, when in doubt if a training has been cancelled call the Morgantown CCRC.**

**Training Schedule for Northern Panhandle-Region 1  
January, February and March 2007**

*To register for a training listed below, please call the Wheeling CCRC at 232-1603 or 800-585-1603.  
Sherry Defibaugh, Education Coordinator/Trainer*

DATE/DAY	TRAINING TITLE	CORE KNOWLEDGE/COMPETENCY #	TIER	LOCATION	TIME
1/18/07 Thurs.	Nutrition Guest Speaker-Chris Gillis	Health, Safety & Nutrition 2.5	1	Follansbee Library	5-7pm
1/19/07 Fri.	Medication Administration <small>**For Child Care Center Staff Only Instructor-Elaine McLeskey, RN MA</small>	**Participants MUST be WV STARS registered	2	Wheeling CCRC	10am- 3pm
1/20/07 Sat.	Bookkeeping and Taxes for Child Care Providers Guest Speaker-Carl Townsend	Program Management 7.4	2	Weirton CCRC	10am- 12pm
1/30/07 Tues.	Child Abuse & Neglect Guest Speaker-Rhonda Stubbs	Health, Safety & Nutrition 2.4	2	Wheeling CCRC	6-8pm
1/31/07 Wed.	Nutrition Guest Speaker-Chris Gillis	Health, Safety & Nutrition 2.5	1	Moundsville Library	5:30- 7:30pm
2/3/07 Sat.	Bookkeeping and Taxes for Child Care Providers Guest Speaker-Carl Townsend	Program Management 7.4	2	Moundsville Library	10am- 12pm
2/8/07 Thurs.	Nutrition Guest Speaker-Chris Gillis	Health, Safety & Nutrition 2.5	1	<b>Wetzel Co. DHHR New Martinsville</b>	10am- 12pm
2/13/07 Tues.	The Importance of Cleanliness in Child Care	Health, Safety & Nutrition 2.2, 2.3	1	Weirton CCRC	1:30- 3:30pm
2/15/07 Thurs.	Nutrition Guest Speaker-Chris Gillis	Health, Safety & Nutrition 2.5	1	<b>Ohio Co. Library</b>	6-8pm
2/16/07 Fri.	Medication Administration <small>**For Child Care Center Staff Only Instructor-Elaine McLeskey, RN MA</small>	**Participants MUST be WV STARS registered	2	Wheeling CCRC	10am- 3pm
2/28/07 Tues.	Strengthening Families through Early Care & Education Guest Speaker-Rhonda Stubbs	Positive Interaction & Relationships 3.1, 3.3, 3.4	1	<b>CASA office 736 Charles St. Wellsburg</b>	5:30- 7:30pm
3/9/07 Fri.	Medication Administration <small>**For Child Care Center Staff Only Instructor-Elaine McLeskey, RN MA</small>	**Participants MUST be WV STARS registered	2	Wheeling CCRC	10am- 3pm
3/10/07 Sat.	Bookkeeping and Taxes for Child Care Providers Guest Speaker-Carl Townsend	Program Management 7.4	2	Wheeling CCRC	10am- 12pm
3/15/07 Thurs.	Strengthening Families through Early Care & Education Guest Speaker-Rhonda Stubbs	Positive Interaction & Relationships 3.1, 3.3, 3.4	1	Moundsville Library	5:30- 7:30pm
3/21/07 Wed.	The Importance of Cleanliness in Child Care	Health, Safety & Nutrition 2.2, 2.3	1	Follansbee Library	11am- 1pm
3/27/07 Tues.	Helping Children Thrive Guest Speaker-Cheryl Kazor	Child Growth & Development 1.1, 1.2	2	Weirton CCRC	5-7pm

**REMINDERS:**

- These trainings, along with any possible additions during the quarter, are listed on-line at [www.wvearlychildhood.org](http://www.wvearlychildhood.org) under Training Calendar on the main menu.

- Infants & Children are not to attend the training sessions. Alternate child care arrangements need to be made in advance.
  - Providers need to arrive on time for trainings; late providers may not be admitted.
- Training will be cancelled in the event of bad weather, when in doubt, call the Wheeling CCRC.