

THE QUALITY TIMES

CHILD CARE RESOURCE CENTER

VOL. 10 NO. 4

OCTOBER, NOVEMBER, DECEMBER 2005

Fall is here! I hope that everyone enjoyed the HOT summer we had. I'm sure that everyone is ready for some cooler weather.

We have some new employees and some that have changed positions to announce: Todd Green is our new Family Resource Coordinator in the Morgantown office, Michelle Davis is our new TRAILS Assistant, April Boring is now a Family Resource Coordinator in the Wheeling office and Lisa Garrison is the new Billing Specialist in the Wheeling Office. Please help us in welcoming the new employees and congratulating April and Lisa.

Infant and Toddler News: Our region was selected to participate in a Pilot project before it goes state-wide next spring. The pilot will run from Oct. 2005-late Spring of 2006 and will include a variety of infant/toddler programs, to include child development centers, family child care, and Early Head Start. Wendy Miller, our Infant/Toddler Specialist, will be working with the state to enrich the program so that it will be more beneficial to the families and children we serve and hope to have a far reaching and significant impact on the future of our State's early care and education professional development system.

The holidays will be here before we know it. We hope that you all have a Spooky Halloween, a Happy Thanksgiving and a Wonderful Christmas! We thank you for all that you do for the children and families of our state!

Traci M. Kinney, Director

UPCOMING COMMUNITY EVENTS

Monongalia County Family Resource Network is hosting a free Community Baby Shower on October 8th, teaming up with Starting Points, Early Head Start, WV Healthy Start/HAPI, North Regional Tobacco Prevention Coordinator, Birth to Three and the Child Care Resource Center to reduce the risk of injury and death to infants and children and encourage young parents to make their homes safe for children. Join us from 10:00am to 1:00pm at the Mountaineer Mall Community Room. Professionals will be on hand to talk with parents. Door prizes, including a stroller, care seat system, bath safety set, and other safety related items will be drawn throughout the event. Our goal is to educate parents and caregivers about home safety. Participants will learn through fun activities. Each participant will receive free gifts courtesy of our sponsors. Please call 284-8400 for more information.

The Marshall County Starting Points Center with the Marshall County Tadpole Team is sponsoring a **Free Baby Safety Shower** on Friday, October 7th from 1:00-3:00. The event will be held at the Kubeck Community Room located in the Benwood/McMechen Housing Authority. Sponsors of the event are the Parents as Teachers program, Northern Panhandle Early Head Start, WV Birth To Three, Child Care Resource Center, Marshall County WIC, Marshall County Health Department, Cameron Rural Health, Easter Seals, Marshall County FRN, Marshall County Schools Parent Educator

Resource Center, 21st Century Community Learning Centers grant and the Marshall County Partners in Prevention. Professionals from Wellsprings Family Services, Adolescent Health with Crittenton Services, WV Birth To Three, WVU-Cameron Rural Health, and the WV CDSSAP Network will be speaking on health and safety issues for infants and children. Door prizes will be given courtesy of our sponsors. Please call 232-2250 to RSVP.

The More You Know... free workshop for new and experienced professionals is being held on October 19th at the Elm Grove United Methodist Church on 125 Kruger Street in Wheeling. The workshop is scheduled for 12:15-4:30. This free workshop is being held to promote awareness of community resources in Ohio County for families with children birth to age five. Registration Deadline is October 13th. Please call Dana Walter at 232-4411 ext. 203 to obtain a registration form. Who should attend? Social workers, family therapists, child care providers, nurses, early education teachers, home visitors, clergy, therapists: OT, PT, SLP, and professionals interested in Ohio County children.

*****Providers Wanted*****

The WVDHHR Early Care and Education Division is holding a Rates Committee meeting on October 20th in the CHOICES R&R office in Clarksburg at 12:30 and on October 24th at the St. Timothy's Lutheran Church in Charleston at 10:00am. Both meetings are being held to get input from registered providers, R&R workers, and center directors on proposed rate increases for child care providers.

Hurricane Relief Efforts

The National Association for Child Care Resource and Referral Agencies (NACCRRRA) has identified lead agencies to accept donations for child care programs serving children living in storm damaged areas and the communities serving evacuees. Donations of all sizes are welcome, and will be put to good use. Make a difference-donate today!

In Mississippi: Embrace Mississippi's Children is collecting materials and monetary gifts for shelters and to help early care and education programs in Mississippi rebuild in the wake of Hurricane Katrina. For more information, or to donate online, go to

<http://www.educ.msstate.edu/cni/eci/relief/embrace.htm>. To donate by check, send check payable to First United Methodist Church-Tupelo and designate the check for "Hurricane Relief." You will receive a receipt for tax purposes. Mail to:

Embrace Mississippi's Children
Hurricane Relief
First United Methodist Church
412 West Main Street
Tupelo, MS 38804

In Louisiana: Volunteers of America/Partnerships in Childcare is collecting materials and monetary gifts for shelters and to help early care and education programs in Louisiana rebuild in the wake of Hurricane Katrina. To donate by check make checks payable to: VOA/Partnerships in Childcare and designate "Hurricane Relief" on the check. Mail to:

Care for Louisiana's Children
Hurricane Relief
4521 Jamestown Avenue, Suite 5
Baton Rouge LA 70808
For more information contact Janie Starks,
Director, VOA/PICC at 1-888-926-8005.



Catholic Community Services

MORGANTOWN
Child Care Resource Center
is
MOVING

AS OF NOVEMBER 1, 2005
OUR NEW ADDRESS WILL BE:
965 HARTMAN RUN ROAD
SUITE 1103
MORGANTOWN, WV 26508

PLEASE SEND ALL BILLING/ATTENDANCE SHEETS TO
THIS ADDRESS BEGINNING WITH OCTOBER BILLING.

FIRST AID AND CPR

Please call the contact number listed to pre-register for a class

<u>DATE</u>	<u>TITLE</u>	<u>LOCATION</u>	<u>TIME</u>	<u>COST</u>
Oct. 1, Sat.	Adult CPR& First Aid	Red Cross 1299 Pine View Drive Suite 3 Morgantown, WV 598-9500	9am-2pm	\$35
Oct. 5, Wed.	First Aid	Wheeling Medical Park Conference D 243-3900	6pm-9pm	\$15
Oct. 10, Mon.	Community CPR & First Aid	Red Cross 1299 Pine View Drive Suite 3 Morgantown, WV 598-9500	6pm-9pm	\$45
Oct. 11, Tues.	Community CPR & First Aid	Red Cross 1299 Pine View Drive Suite 3 Morgantown, WV 598-9500	6pm-9pm	\$45
Oct. 11, Tues.	Infant and Child CPR	Weirton Medical Center MOB Room 797-6054	6pm-8pm	\$10
Oct. 11, Tues.	Adult CPR/AED* *AED (Automated External Defibrillator) training optional	Red Cross 193 29 th Street Wheeling, WV 232-0711	6pm-10pm	\$25-CPR only \$30-CPR/ AED
Oct. 11, Tues.	Infant and Child CPR	Ohio Valley Hospital Nurses's Residence 234-8339	7pm-9pm	\$5
Oct. 13, Thurs.	First Aid Training	Red Cross 193 29 th Street Wheeling, WV 232-0711	6:pm-8:30pm	\$25

<u>DATE</u>	<u>TITLE</u>	<u>LOCATION</u>	<u>TIME</u>	<u>COST</u>
Oct. 15, Sat.	Adult CPR & First Aid	Red Cross 1299 Pine View Drive Suite 3 Morgantown, WV 598-9500	9am-2pm	\$35
Oct. 24, Mon.	Community CPR & First Aid	Red Cross 1299 Pine View Drive Suite 3 Morgantown, WV 598-9500	6pm-9pm	\$45
Oct. 25, Tues.	Community CPR & First Aid	Red Cross 1299 Pine View Drive Suite 3 Morgantown, WV 598-9500	6pm-9pm	\$45
Oct. 25, Tues.	CPR	Wheeling Medical Park Conference Room B 243-3900	6pm-9pm	\$10
Oct. 29, Sat.	Adult CPR & First Aid	Red Cross 1299 Pine View Drive Suite 3 Morgantown, WV 598-9500	9am-2pm	\$35
Nov. 7, Mon.	Community CPR & First Aid	Red Cross 1299 Pine View Drive Suite 3 Morgantown, WV 598-9500	6pm-9pm	\$45
Nov. 8, Tues.	Community CPR & First Aid	Red Cross 1299 Pine View Drive Suite 3 Morgantown, WV 598-9500	6pm-9pm	\$45
Nov. 14, Mon.	Adult CPR/AED* *AED (Automated External Defibrillator) training optional	Red Cross 193 29 th Street Wheeling, WV 232-0711	6pm-10pm	\$25-CPR only \$30-CPR/AED

<u>DATE</u>	<u>TITLE</u>	<u>LOCATION</u>	<u>TIME</u>	<u>COST</u>
Nov. 15, Tues.	Infant & Child CPR	Red Cross 193 29 th Street Wheeling, WV 232-0711	6pm-9pm	\$35
Nov. 16, Wed.	First Aid Training	Red Cross 193 29 th Street Wheeling, WV 232-0711	6pm-8:30pm	\$25
Nov. 19, Sat.	Adult CPR & First Aid	Red Cross 1299 Pine View Drive Suite 3 Morgantown, WV 598-9500	9am-2pm	\$35
Nov. 30, Wed.	CPR	Wheeling Medical Park Conference Room D 243-3900	6pm-9pm	\$10
Dec. 5, Mon.	Community CPR & First Aid	Red Cross 1299 Pine View Drive Suite 3 Morgantown, WV 598-9500	6pm-9pm	\$45
Dec. 6, Tues.	Community CPR & First Aid	Red Cross 1299 Pine View Drive Suite 3 Morgantown, WV 598-9500	6pm-9pm	\$45
Dec. 6, Tues.	Infant and Child CPR	Ohio Valley Hospital Nurse's Residence 234-8339	7pm-9pm	\$5
Dec. 10, Sat.	Adult CPR & First Aid	Red Cross 1299 Pine View Drive Suite 3 Morgantown, WV 598-9500	9am-2pm	\$35
Dec. 12, Mon.	Adult CPR/AED* *AED (Automated External Defibrillator) training optional	Red Cross 193 29 th Street Wheeling, WV 232-0711	6pm-10pm	\$25-CPR only \$30-CPR/AED

<u>DATE</u>	<u>TITLE</u>	<u>LOCATION</u>	<u>TIME</u>	<u>COST</u>
Dec. 14, Wed.	First Aid	Red Cross 193 29 th Street Wheeling, WV 232-0711	6pm-8:30pm	\$25
Dec. 19, Mon.	Community CPR & First Aid	Red Cross 1299 Pine View Drive Suite 3 Morgantown, WV 598-9500	6pm-9pm	\$45
Dec. 20, Tues.	Community CPR & First Aid	Red Cross 1299 Pine View Drive Suite 3 Morgantown, WV 598-9500	6pm-9pm	\$45
Dec. 28, Wed.	CPR	Wheeling Medical Park Conference D 243-3900	6pm-9pm	\$10
2 nd Saturday of every month	Community CPR & First Aid	Marion Co. Red Cross 105 First Street Fairmont, WV 366-2060	10am-4pm	\$45 Must pre-pay
Every Thursday	CPR only First Aid given according to demand	Eric Carper 797-8775 479-3742 For Directions and Location	7pm	Call for prices and availability of classes
Call to set up appointment	CPR, HEART SAVER PLUS CPR, FIRST AID WITH CPR	Casey Robinson 748-1980 723-2222	Call for times and location	Call for prices

TRAINING SCHEDULE FOR REGION 1-NORTHERN PANHANDLE

October, November, December 2005

Sherry Defibaugh, Early Childhood Training Coordinator

To register for a training please call the Child Care Resource Center at 232-1603 or 1-800-585-1603.

Date/Day	Training Title	Core Knowledge/Competency	Tier	Location	Time
Oct. 6, Thurs	Stress Management	Positive Interaction and Relationships 3.4	2	Moundsville Library	12pm-2pm
Oct. 11, Tues.	Family Child Care Health and Safety	Health/Safety and Nutrition 2.1 & 2.2	2	Follansbee Library	5pm-7pm
Oct. 15, Sat.	Block and Dramatic Play	Curriculum 4.1, 4.2, 4.4, 4.5, 4.6, 4.7, & 4.8	2	Moundsville Library	10:30am 12:30pm
Oct. 20, Thurs.	Autism Awareness	Child Growth & Development 1.1, 1.2 & 1.3	1	CCRC-Wheeling	9am-11am
Oct. 24, Mon.	Signs and Symptoms of Substance Abuse	Health/Safety and Nutrition 2.2 & 2.3	2	CCRC-Wheeling	5:30-7:30
Oct. 26, Wed.	Family Child Care Health and Safety	Health/Safety & Nutrition 2.1, 2.2, 2.3, & 2.4	1	CCRC-Weirton	1pm-3pm
Nov. 5, Sat.	Project Wild *Bring a lunch/drink	Curriculum 4.1 & 4.8	2	Ohio Co. Library	10am-2:30p
Nov. 14, Mon.	Child Abuse and Neglect	Health/Safety & Nutrition 2.4	1	Moundsville Library	6pm-8pm
Nov. 16, Wed.	Autism/Sensory Play	Child Growth & Development 1.1, 1.2 & 1.3	1	Follansbee Library	11am-1pm
Nov. 22, Tues.	Autism/Sensory Play	Child Growth & Development 1.1, 1.2 & 1.3	1	CCRC-Weirton	12pm-2pm
Nov. 30, Wed.	Block and Dramatic Play	Curriculum 4.1, 4.2, 4.4, 4.5, 4.6, 4.7, & 4.8	2	CCRC-Wheeling	9am-11am
Nov. 30, Wed.	Childhood Bullies *Guest Speaker-Tracey Willis	Positive Interactions and Relationships 3.1 & 3.2	2	CCRC-Wheeling	11:30-1:30
Dec. 1, Thurs.	FUNDamental Early Learning	Curriculum 4.6	2	CCRC-Wheeling	5pm-7pm

Date/Day	Training Title	Core Knowledge/Competency	Tier	Location	Time
Dec. 3, Sat.	Signs and Symptoms of Substance Abuse	Health/Safety and Nutrition 2.2 & 2.3	2	CCRC- Weirton	10:30- 12:30
Dec. 6, Tues.	Sign Language Awareness	Curriculum 4.6	1	Follansbee Library	1pm- 3pm
Dec. 8, Thurs.	Sign Language Awareness	Curriculum 4.6	1	Moundsville Library	11am- 1pm

REMINDERS:

- ★ Infants and Children are not to attend the training sessions. Alternate child care arrangements need to be made in advance.
- ★ Training will be cancelled in the event of bad weather, when in doubt call the CCRC office where the appointment was made.
- ★ Providers need to arrive on time for training, late providers may not be admitted.
- ★ If you are registered to attend and training and then cannot attend, please call and cancel as there may be a waiting list for that class.
- ★ These trainings, along with any possible additions during the quarter, are listed online at www.wvearlychildhood.org under Training Calendar on the main menu.

TRAINING SCHEDULE FOR MARION, MONONGALIA, WETZEL AND TYLER CO.

October, November, December 2005

Tracey Willis, Early Education Training Coordinator

To register for a training listed below, please call the Morgantown CCRC at 292-7357 or 1-888-272-7357.

Date/Day	Training Title	Core Knowledge/Competency	Tier	Location	Time
Oct. 8, Sat.	A Closer Look at Fire Safety	Health/Safety & Nutrition 2.1	2	Morgantown-CCRC	9am- 11am
Oct. 13, Thurs.	Babies & Sign Language	Curriculum 4.6	1	Morgantown-CCRC	9am- 11am
Oct. 14, Fri.	A Closer Look at Fire Safety	Health, Safety & Nutrition 2.1	2	Tyler County Senior Center	10:30- 12:30
Oct. 17, Mon.	Animal Care and Safety	Health, Safety & Nutrition 2.1,2.2	1	Marion Co. DHHR Room 148	2pm- 4pm

Date/Day	Training Title	Core Knowledge/Competency	Tier	Location	Time
Oct. 17, Mon.	Intro to Child Protective Services	Health, Safety & Nutrition 2.4 Child Observation & Assessment 5.1	2	Marion County Library	5pm-7pm
Nov. 7, Mon.	Mad Feelings & Challenging Behaviors	Positive Interactions 3.2, 3.3 Curriculum 4.2, 4.3	2	Wetzel County Library *Bring a lunch	10am-2:15
Nov. 9 Wed.	Time Management *Guest speaker- Sherry Defibaugh	Program Management 7.4	1	Morgantown CCRC	12:30-2:30
Nov. 9, Wed.	Positive Guidance	Positive Interactions 3.1, 3.4	2	Morgantown CCRC	3pm-5pm
Nov. 9, Wed.	Intro to Child Protective Services	Health, Safety & Nutrition 2.4 Child Observation & Assessment 5.1	2	Morgantown CCRC	6pm-8pm
Nov. 19, Sat.	Mad Feelings & Challenging Behaviors	Positive Interactions 3.2, 3.3 Curriculum 4.2, 4.3	2	Marion County Library *Bring a lunch	9am-1:15pm
Dec. 1, Thurs.	Animal Care and Safety	Health, Safety & Nutrition 2.1, 2.2	1	Morgantown CCRC	2pm-4pm
Dec. 2, Fri.	Room Arrangement	Positive Interaction 3.2 Program Management 7.2	1	Marion Co. DHHR Room 148	1pm-3pm
Dec. 3, Sat.	Animal Care and Safety	Health, Safety & Nutrition 2.1, 2.2	1	Wetzel County Library	10am-12pm

Great Training Opportunity

The Child Care Resource Center Training Team is planning a special 5 hour training day. Each training will be one hour with a 15 minute break. The training will be held in the Child Care Resource Center conference room from 9am-3:15pm on Wednesday, December 14, 2005. You may sign-up for all five classes or pick and choose which ones you would like to attend. Please call the Child Care Resource Center at 232-1603 or 1-800-585-1603 to register.

Training Title	Core Knowledge/Competency #	Tier	Time
Health and Safety	Health/Safety & Nutrition 2.1, 2.2	1	9:00-10:00
SIDS and Shaken Baby Syndrome	Health/Safety & Nutrition 2.2, 2.3, 2.4	1	10:15-11:15
What to do with the mad that you feel	Positive Interactions and Relationships 3.3	2	11:30-12:30
LUNCH	Please bring a sack lunch		12:30-1:00
Nutrition	Health, Safety and Nutrition 2.5	1	1:00-2:00
Child Abuse & Neglect	Health, Safety and Nutrition 2.4	1	2:15-3:15

ATTENTION PROVIDERS

Here are some helpful tips in regards to eligibility of clients using child care certificates:



1. Reimbursement will always match the beginning date of service on the child care certificate.
2. You can keep your certificates organized more efficiently if you file them by the month that they expire. That way, you are aware of the expiration date 30 days prior to the ending date on the certificate.
3. The number of days that you bill for should equal or be less than the number of days allowed on the child care certificate.
4. Let your clients know up front how you will collect child fees. Example: weekly, bi-weekly, monthly, etc.
5. Family Resource Coordinators are available to help Monday - Friday 8:30 am - 4:30 pm.

Our continued demonstration of teamwork ensures a successful level of quality child care. Thank you for all that you do!

Teri Monteleone
 FamilyResourceCoordinator
 Ohio County

April Boring
 Family Resource Coordinator
 Marshall/Ohio Counties

Funny Putty Recipe

1 Tbsp. Liquid Starch
2-3 Drops Food Coloring
2 Tbsp. White Glue

1. Mix white glue and food coloring together in a small bowl.
2. Pour liquid starch into a second small bowl. Slowly pour the glue mixture on top of the liquid starch.
3. Allow the concoction to stand for 5 minutes or until the glue absorbs the liquid starch.
4. Remove putty from bowl and knead. (Note: at first this mixture may look as if it's a mistake, but it isn't. The more you knead the putty, the better the consistency will be.)
5. Store Funny Putty in a plastic Easter egg or zip bag.

CLEAN MUD

Grate 6 bars of Ivory soap and place the grated soap in the sensory table. Next, have the children rip the toilet paper and place it with the soap. Finally, add just enough water to make a wet slippery mess. You will need to work with the mixture until it is all blended together. Have FUN!!

Fun Time Butter Cookies

1-1/2 cups sugar
1 cup butter, softened
2 eggs
3 cups all-purpose flour
1 teaspoon baking soda
1 teaspoon vanilla

Heat oven to 400 degrees. Combine sugar, butter and eggs in large mixer bowl. Beat at medium speed, scraping bowl often, until well mixed (2-3 minutes). Reduce speed to low; add remaining ingredients. Beat, scraping bowl often, until well mixed (1-2 minutes).

Divide dough in half; prepare desired variations, using half of dough for each variation. Bake for 6-8 minutes or until edges are lightly browned. Store in airtight container up to 3 days or freeze up to 2 months. Makes 6 dozen cookies.

Variations:

Cinnamon 'n Sugar: Shape dough into 1-inch balls; roll in mixture of 2 tablespoons sugar and 2 teaspoons ground cinnamon. Place 2 inches apart onto ungreased cookie sheets. Flatten slightly with bottom of glass dipped in sugar.

Sparkling Sugar: Shape dough into 1-inch balls; roll in decorator sugar or decorator candies. Place 2 inches apart onto ungreased cookie sheets. Flatten slightly with bottom of glass dipped in sugar.

Chocolate Toffee: Stir in ½ cup of milk chocolate toffee bits by hand. Shape dough into 1-inch balls; roll in sugar. Place 2 inches apart onto baking pan. Tip: Sprinkle cooled cookies with sifted powdered sugar.

Reindeer Chow

5 cups honeycomb-shaped cereal or cereal squares
2 cups thin pretzel sticks, broken in half
½ cup butter
11.5-ounce package (½ cups) real milk chocolate chips
1 cup powdered sugar
1 cup red and green candy-coated milk chocolate candies

Combine cereal and pretzels in 4-quart bowl; set aside.

Place butter, peanut butter and chocolate chips in medium microwave-safe bowl. Microwave on high for 45 seconds; stir. Continue microwaving until butter and chocolate are melted (15-45 seconds). Stir until smooth.

Immediately pour chocolate mixture over cereal in bowl; stir until well coated. Spread mixture evenly into single layer on two waxed paper-lined cookie sheets. Refrigerate 20 minutes to set.

Break into bite-size pieces; divide mixture between 2 (1-gallon size) resealable plastic food bags. Place ½ cup powdered sugar into each bag; close bags. Shake bags until mixture is well coated. Place ½ cup candies in each bag. Store in sealed bags or airtight container in refrigerator up to 4 weeks.

Makes 9-12 cups.

Tip: Add more powdered sugar if needed, after storage.

Tip: For longer storage, freeze in airtight container or freezer bags up to 2 months.